



As we're now in the run up to Christmas, we are asking for donations for our Christmas Appeal. With the cost of living crisis hitting families hard and those we work with being of the greatest need, we want to raise funds to ensure everyone we support receives at least one Christmas gift this year. We know funds are tight for everyone but if you're able to spare even a small amount this year to make someone's Christmas, please contact [hannah@r-c-t.co.uk](mailto:hannah@r-c-t.co.uk) to make a donation.



### SPOTLIGHT

Each month, the staff team are asked to select their Employee of the Month. This month Vicki was the winner.

Vicki was chosen for how quickly she's settled in with the staff team. Everyone agrees she is always happy to help and is never seen without a smile.



A huge congratulations to our Volunteer of the Year 2022, Emma Salloway!

Emma has been dedicated to her mentoring role, consistent and extremely supportive of her young person. We think she was genuinely surprised and shocked but it was so deserved. Here is Emma being presented the award by Mayor Cllr Ali Ahmed and Volunteer Coordinator Kate Barnes.



The mini youth group loved having a Pudsey-themed day ready for Children in Need 2022. They designed Pudsey's and T-Shirts, and made their own Children in Need cupcakes! A big, big thank you to BBC Children in Need for funding our Happier Children Programme so we can run our youth groups



We have been extremely lucky to be able to treat some of our Happier Children and Youth Group with a trip out to see Lion King at the Palace Theatre. It was a fabulous day, the production was amazing and a definite treat for our young people. Thank you to the staff who gave up their Sunday to allow young people to have a new experience.



On Thursday 24th November we celebrated our 25th Anniversary. Staff, service users, volunteers and supporters came together to help us celebrate. Special thanks to our guest speakers who brought tears of laughter and pride with their fantastic speeches.



Whilst attending the Local Authority's White Ribbon Event RCT were asking men to sign the White Ribbon pledge. Jenny bumped into someone she used to work with when his was 14, Lee, who was out shopping with his family. It was amazing to see how far he'd come and to meet his lovely partner and two children.



We are so incredibly proud to unveil our White Ribbon!

Huge thanks to our good friend and supporter, Sir Tony Lloyd MP, for attending RCT to remove our make-shift cover for the big reveal.

Our White Ribbon will act as a focal point in Rochdale Town Centre when it's lit up at night and provide a constant reminder of the need to end violence against women and girls.



Jenny and Amber, two members of our Adult Team, attended the Social Prescribing Link Workers event in Middleton Arndale Centre.

They shared resources with professionals and gave information about the extensive range of RCT's services.



Hannah, our specialist trauma practitioner led 'Trauma Training' with volunteer mentors and counsellors. This training ensures that all RCT staff, whether paid or voluntary are skilled in using trauma informed practice. The training was insightful and enjoyed by all.

In the coming weeks we will be rolling out training focused on trauma informed practice for our fellow voluntary sector partners.



This month Gerry and Wendy commenced delivery of our Respectful Relationships course in Heywood at Derby Street Sure Start Centre. Everybody engaged well and fed back that they were looking forward to future sessions. This is the first time we have run the course at this venue. We have a lovely room and the staff have been very welcoming and helpful.



Members of our adult team attended the Local Authority's White Ribbon Awareness events that were held in the Middleton Arndale and Rochdale Exchange Shopping Centres. RCT were pleased to attend to help raise awareness.



A new volunteer mentor, Chris, recently shared with us that he'd worked on the RCT building 25 years ago as a Quantity Surveyor and was reminded of it when he saw one of our volunteer mentor posters. He immediately signed up, completed the training and has been matched up with a mentee.

Whilst Chris may not be using his QS skills in his mentoring role we are sure Chris supports his young person with positive experiences.